An Online Minor in Health Psychology: Exploring Issues of Long-Term Sustainability and Program Development

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Online Minor in Health Psychology

Psychology, UM Twin Cities
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Team Leads:
Chair Monica Luciana
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Explore the six classes that make up our Online Minor in Health Psychology

Introduction to Psychology Psy1001
Scientific study of human behavior; Problems, methods, findings of modern psychology

Introduction to Psychological Measurement & Data Analysis PSY 3801
Measures of central tendency, variability, t tests, one-way ANOVA, correlation, regression, confidence intervals, effect sizes

Introduction to Abnormal Psychology PSY 3604
Diagnosis, classification, etiology of behavioral disorders

Introduction to Research Methods Psy 3001W
Concepts/principles used to conduct/evaluate research, especially in social sciences. Benefits/limitations of traditional research methods. Evaluating scientific claims.

Introduction to Health Psychology PSY 3206
Theorizing/research in health psychology: Bi-directional relationships between psychological factors and physical health; Stressing/adjustment to chronic illness

Psychology of Stress and Trauma PSY 4520
Effects of stress and trauma on mental and physical health; Factors related to more effective coping with stress/trauma and interventions designed to decrease the negative effects of stress and trauma

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