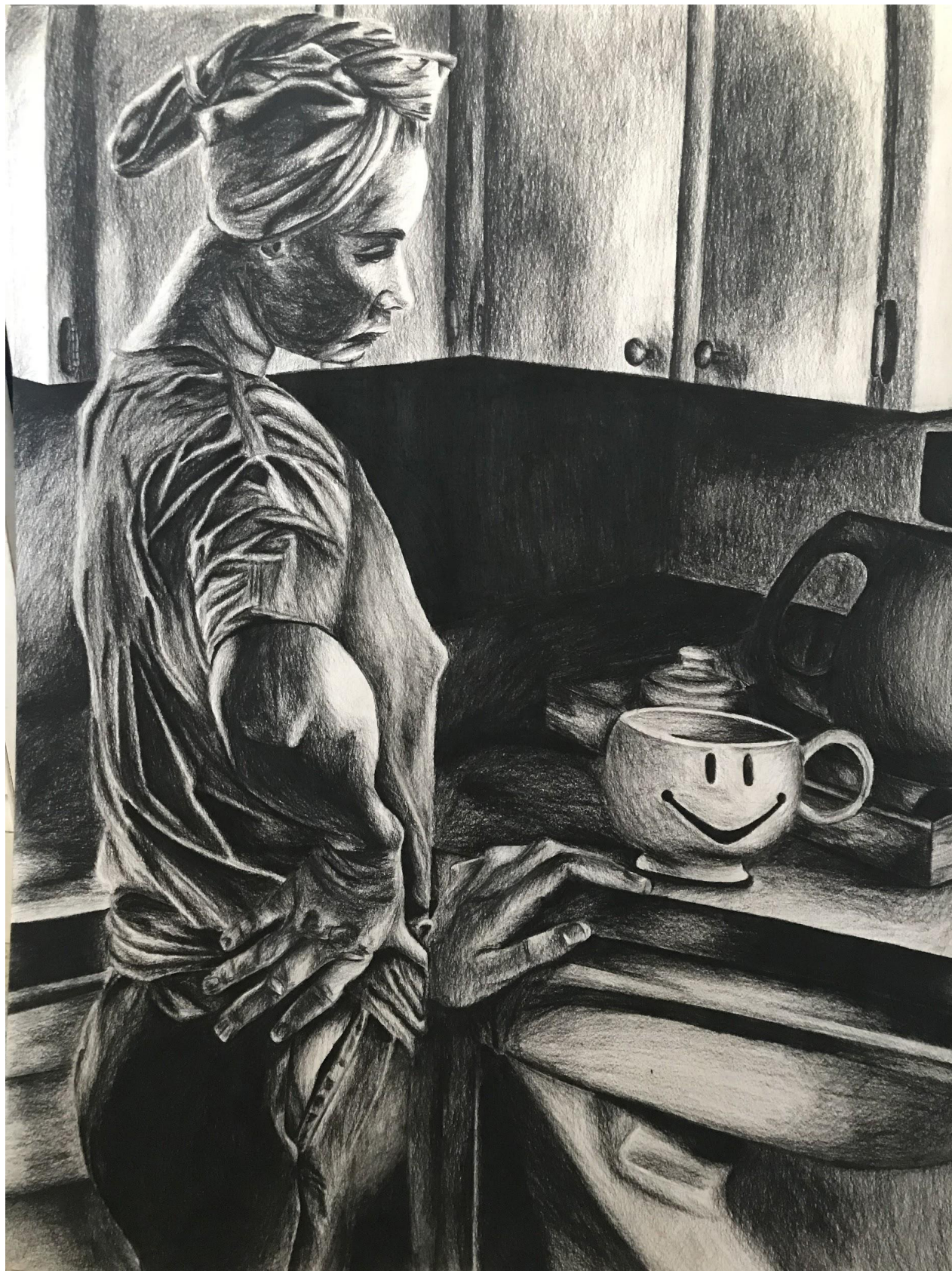


# The One of Those Days: COVID-19 Feels

By: Sara Meyers



“One of Those Days,” charcoal pencil on 18”x24” newsprint paper was created in the Fall 2020 semester. It was one of the hardest semesters I have overcome so far. When all businesses and schools were shut down in the early part of 2020, it didn’t overwhelm me in the slightest, school-wise that is. My classes were easy and I was able to complete everything either on time or ahead of time. Fast-forward to Fall semester 2020, my classes were much more difficult, and it was harder to transition to taking them completely online, rather than in Spring 2020 semester, we were already some-what acquaintanced with our classes and what was expected of us. It was a bit of an easier transition. But starting off my classes, especially having non-in person art classes was a major struggle. By not having a professor to visually and physically guide me to critique my progress, it was a constant struggle between my hand and my mind to complete a project. I was at a constant strain with my mind, and it pulled me down to a constant feeling of depression. Many other students faced the same pull as I did. When given the opportunity to depict this feeling through a final project, I knew exactly how to accomplish it. As I stand at the kitchen counter, with a mundane expression upon my face, a coffee cup looks into the distance with a smile on its face. It’s the same look and feeling of happiness that I yearned to feel once again, but could not conjure up the feeling for those three months. The use of charcoal helps to bring the feeling of the pieces together as it produces the color of black, adding on to the feeling of loneliness and depression.